

DA
DANIEL ALAIN

TOPPER BUYING

Guide



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DA Topper Buying Guide 2023

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Introduction

Welcome



We understand that dealing with hair loss can be a difficult and stressful journey. If you've decided to explore wearing a hair topper, we're here to help. We've created this guide to provide you with helpful information on how to find the right topper for you, how to get used to your new look, and tips for wearing, styling, and caring for your new hair.

We're here to help you make an informed decision and to provide you with the confidence and assurance you need to feel comfortable with the purchase you make. We hope you find the perfect topper that will make you feel like yourself again.

Daniel Hafid

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Chapter 1

What Is a Topper?

A hair topper is a hairpiece designed to add volume, cover thinning areas, or conceal hair loss on the top of the head. A topper is a popular hair replacement option for women who are experiencing hair loss but still have some existing hair. Unlike wigs, which cover the entire head, hair toppers are designed to blend seamlessly with your natural hair, typically covering only a specific area such as the crown or part line. They come in various sizes, lengths, colors, and hair types, and are attached to the hair using clips, combs, or adhesives. Hair toppers are a versatile and natural-looking solution for anyone looking to enhance their existing hair and boost their confidence.

W I G

Covers the entire head.

Does not need to blend with your existing hair.

T O P P E R

Provides partial coverage.

Blends with your existing hair.

Benefits of Wearing a Topper

Wearing a hair topper can bring numerous benefits to people experiencing hair loss or hair thinning. The obvious advantage is that it can restore volume and provide coverage to thinning areas of the scalp or bald spots. The right topper is a natural-looking solution that enhances your appearance and boosts your confidence.

Let's explore some of the other advantages of a hair topper:

Hair toppers are a non-invasive solution to hair loss. Unlike other hair restoration options, hair toppers do not require any incisions, injections, or recovery time.

Hair toppers are available in a range of styles, colors, and lengths. This allows you to choose a topper that matches your existing hair perfectly and ensures a natural-looking result.

Hair toppers are easy to maintain and care for.

With proper care and maintenance, some hair toppers can last up to several years, making them a cost-effective hair loss solution that provides long-lasting results.

Chapter 2

Is a Topper Right for Me?

Here at Daniel Alain, we find that one of the biggest hurdles our customers face when selecting a hairpiece is not knowing whether a wig or a topper is right for them. While anyone with or without hair can wear a wig, not everyone with hair loss can wear a topper. Hair toppers are best suited to individuals who have hair loss or thinning in specific areas of the scalp, usually the crown or part line. To wear a topper, there also needs to be hair at the front hairline as well as strong enough hair overall to support the clips that attach the topper to the head.

Consider a topper if:

- You are in the beginning stages of hair loss and are noticing a loss of density along your part line or at your crown
- You have bald patches that are located on the top of your head
- You have strong hair around the front hairline
- You have hair at the temples and sides of your head
- You have strong enough hair overall to support the topper's clips

Customer Case Studies

Kelly

Real-life customer Kelly purchased one of our toppers after wearing an uncomfortable and unnatural-looking synthetic wig. Kelly has a large bald patch on the top of her head after receiving radiation therapy for squamous cell carcinoma, and dissatisfied with the look and feel of her synthetic wig, she explored the alternatives. She was excited to discover natural-looking hair toppers that fitted her head perfectly. Kelly has been wearing our pieces for 11 years!

"Prior to having a topper, life was very difficult for me. I was wearing lots of scarves and spending a lot of time trying to cover this bald spot."



"Once I found the topper, I felt like myself again. I felt a thousand times better."

Marlo

Marlo has been wearing Daniel Alain hair toppers for two years, since dealing with hair loss caused by COVID, pregnancy loss, and post-pregnancy hormonal swings after giving birth to a precious baby boy. With hair loss particularly around her face as well as an overall loss of density throughout, Marlo needed an effective, non-invasive solution to provide volume and coverage to her existing hair. A hair topper turned out to be the perfect option for her.



“Hair loss is a very vulnerable experience. It can feel very isolating to lose your hair.”

“With a new baby, there definitely aren’t enough hours in the day. A human hair topper is an easy solution to doing my hair. I can just pop it on my head and be ready to go.”



Emily

Although she has always had very thin, fine hair, Emily began experiencing extensive hair loss while living in Europe. Upon relocating back to the US during COVID, she suffered from intense anxiety and was later diagnosed with coeliac disease. She found herself losing the hair loss battle and sought an effective solution and turned to human hair toppers.

Emily's hair loss caused a loss of density over her entire head, as well as a few bald patches at the back. Though her hair is very thin, she has enough strong hair around her face to support the clips and attach the topper.



"Losing your confidence and not doing the things you love because of your hair loss can really weigh on you."

"My hair topper feels like the hair I never had."



Barb

Daniel Alain customer, Barb, came to us with the expectation of buying a topper after suffering from hair loss caused by an autoimmune disorder and androgenetic alopecia. In the early days of her hair loss journey, Barb relied on root powder to conceal her increasingly visible scalp. As her hair loss progressed and the root powder was no longer enough, Barb tried PRP therapy (a painful and expensive treatment that involves injecting the patient with their own platelets to stimulate hair growth), which ultimately proved unsuccessful.



Barb booked an appointment with a Daniel Alain consultant looking for a hair topper that would cover her hair loss. Our consultants are patient, kind, empathetic, and...honest. The consultant advised Barb that a topper wouldn't be a good fit for her and recommended a wig. Barb eventually chose one of our wigs and hasn't looked back since.

Reasons a topper wasn't right for Barb:

- Barb didn't have a strong enough hairline
- Barb didn't have strong enough existing hair on her crown for the clips to attach
- Barb's very fine hair texture wouldn't blend well with a topper

Reasons a topper was right for Kelly, Marlo, and Emily:

- They have strong enough hair around their front hairline
- They have strong hair at the sides of their head for the clips to attach



"It was very difficult to lose my hair. I looked so different and I didn't feel like myself. My hair topper has been a game changer."

Kelly

Chapter 3

How To Find the Best Topper

Hair loss in women is not often talked about but is much more common than you might think. It's easy to feel isolated while suffering alone in silence, and this can have a significant impact on your confidence and well-being.

Finding the right hair topper can help restore a sense of normalcy and make you feel more like yourself. Our goal in this chapter is to help you find the best hair topper that looks and feels so natural, nobody will know you're wearing one.

Hair Type

To achieve the most natural look, we recommend first looking at the hair type and quality used to make a topper. Hair toppers are made from either synthetic or human hair. At Daniel Alain, we only make and sell human hair toppers, but we strongly believe in providing you with all the information you need so you can make the right choice for you. As long as the piece you choose makes you feel beautiful, empowered, and more like yourself, that's all that matters.

Let's explore the advantages and disadvantages of both synthetic and human hair, including how they look, how long they last, and how much you are likely to pay.



Advantages of Synthetic Toppers

Advantage #1: Synthetic toppers retain their style and shape

“The main advantage to a synthetic topper is that they’re ready to wear,” suggests Patricia Wrixon, founder of The Salon at 10 Newbury in Boston, one of the most prestigious and highly respected salons and hair replacement centers in the US. Not only has Patricia worked in the industry for four decades, but she has also had her own hair loss experience and wears a topper herself.



The monofilament fibers used to make synthetic toppers are preset and styled, meaning they will maintain their shape even after washing or being exposed to various weather conditions. If you don’t like styling your hair and prefer to wear the same look day after day, a synthetic topper will give you the consistent look you want.

Advantage #2: Synthetic toppers are available in a wide range of colors and styles

“For a hair topper to look natural, it needs to blend perfectly with the color of your existing hair.”

Patricia

Synthetic toppers are “available in a variety of lengths, colors, and textures, including straight, wavy, or curly, as well as different lengths and thicknesses,” explains Patricia. The variety of options means you will likely find a synthetic topper that closely matches your hair type to help you achieve the most natural look.

Advantage #3: Synthetic toppers are very affordable

"Synthetic toppers are a more affordable alternative to human hair toppers."

Patricia

Synthetic toppers are factory-made and mass-produced, which makes them a popular choice for people on a budget. The cost of a synthetic topper varies depending on the quality of the fibers and the construction of the base, but they generally range from about \$50 to \$300. Some premium-quality synthetic toppers can cost more, but they're still significantly less expensive than a human hair topper.

Disadvantages of Synthetic Toppers

Disadvantage #1: Synthetic toppers don't have the most natural look

The fibers used to make synthetic toppers have a distinct texture that's very different from the texture of real hair. Run your fingers through a synthetic topper and you will feel the difference. You can see the difference too, especially under bright lights or in sunlight.

A synthetic topper typically looks shiny and artificial.

A synthetic hair topper cannot be colored like natural hair and as a result, it will not look as natural or realistic as a human hair topper that can be colored to suit and blend in with your existing hair.

The synthetic fibers also have a limited range of movement and flexibility, which makes them look stiff and unnatural when styled. In short, synthetic fibers just don't compare to real human hair. If you want your topper to be completely undetectable from the rest of your hair, a synthetic probably isn't the right choice for you.

Disadvantage #2: Synthetic toppers cannot be styled

One of the best ways to help a topper blend in with your existing hair is to style both the topper hair and your own hair. Doing this will help to produce the most consistent and seamless look. A drawback of synthetic toppers is that they cannot be restyled with heat tools in the same way that human hair toppers can be.

The synthetic fibers used to create the toppers are made from plastics that cannot withstand high temperatures from curling wands, straightening irons, or hair dryers. Even heat-friendly synthetic toppers have to be treated far more gently than human hair toppers. If you enjoy creating loose, beachy curls for a special occasion, or straightening your hair for a sleeker look, a synthetic topper may not be the best option for you.

“Synthetic toppers are very sensitive to heat. Even if you're cooking, or grilling food outside, you could cause permanent damage to a synthetic piece.”

Patricia

Disadvantage #3: Synthetic toppers have a limited lifespan

Another downside to synthetic toppers is their limited lifespan. While they're generally more affordable than their long-lasting human hair counterparts, synthetic toppers are likely to last only a few months before the fibers start to break down.

Exposure to heat, sunlight, and friction can cause the synthetic topper to become tangled or lose its shape and style over time. Regular care and maintenance can help extend the life of your synthetic topper, but it's important to keep in mind that a synthetic topper will need to be replaced regularly.

"A synthetic topper tends to get frizzy as it's worn. If it rubs against your clothing, the fibers start to break down in the same way a wool sweater starts to pill."

Patricia

Advantages of Human Hair Toppers

Advantage #1: Human hair toppers have the most natural look

Human hair toppers are considered to be the most natural-looking option for anyone looking to add volume or coverage to their existing hair. This is because human hair has a natural texture and movement that synthetic fibers simply cannot fully replicate.

"Human hair toppers are the best option if you want to achieve the most natural look. They move like a real head of hair."

Patricia

Advantage #2: Human hair toppers can be customized

Human hair toppers can be colored or cut to match your existing hair color and length. In fact, at Daniel Alain, we recommend having some customizations done to your human hair topper as this will help you achieve the most natural look. Consider having layers, face-framing pieces, or bangs cut into your human hair topper.

You can give your human hair topper color treatments and add a root, low-lights, or money pieces around the face. "You can even perm them!" exclaims Patricia. Anything you can do to your existing hair can be done to your human hair topper.

"Trimming a human hair piece really helps it to blend in and creates a most natural look."



Patricia

Advantage #3: Human hair toppers have a long lifespan

The lifespan of a human hair topper can vary depending on the quality of the hair and the care given to it. At Daniel Alain, we advise our customers to expect our toppers to last about 2-4 years, and often even longer, with proper care and maintenance.

Regular washing and conditioning, storing the topper properly when not in use, and avoiding excessive heat styling will help you get the most out of your topper for years to come.

If you have a very active lifestyle and wear your topper while working out or at the gym, you will need to wash your topper more often to keep it looking its best.

While human hair toppers are more expensive than synthetic toppers, the long lifespan can make them a cost-effective option over time.

Advantage #4: Human hair toppers can be treated like natural hair

One of the biggest advantages of human hair toppers is that they can be treated in the same way as natural hair. If you enjoy styling your hair, playing with accessories, and switching up your look from day to day, a human hair topper will allow you to explore every option. If you're planning to use heat styling tools, we always recommend using a high-quality heat protectant to keep your topper looking its best for as long as possible.



Disadvantages of Human Hair Toppers

Disadvantage #1: Human hair toppers are expensive

Human hair toppers are more expensive than synthetic toppers due to the higher cost of sourcing and processing the hair. High-quality human hair that requires minimal processing and chemical treatments is rare, and this drives up the cost of an exquisite human hair topper.

The cost of a human hair topper also depends on the length and color of the hair. Typically the longer and blonder the hair, the more expensive the piece will be. At Daniel Alain, our Follea toppers start at \$1242 for the smallest base size in the darkest color.

“Human hair toppers cost a lot more than a synthetic topper, but you can expect it to last much longer. From an investment standpoint, I think it makes more sense to buy a human hair piece because you’ll be replacing a synthetic piece much more often.”

Patricia

While human hair toppers may be more expensive upfront, they can be a better long-term investment due to their durability and natural look. With proper care, the best human hair topper can last for several years, which means they're likely to be extremely cost-effective in the long run.

When it comes to human hair, there are different types to consider. The most commonly used hair types are Chinese, Indian, and European hair. Indian and Chinese hair are less expensive than European hair because they're much more easily sourced. While these hair types have beautiful natural characteristics, they are often collected from hair brushes or salon floors, resulting in a mixture of hair types and quality.



European hair is much scarcer and far more difficult to source. European hair is considered the highest quality hair because of its sleek, smooth texture and because it is collected in ponytail form with the cuticles intact. This method of collection ensures that every strand of hair lays in the same direction, reducing tangling and giving a completely natural movement to the resulting human hair wig or topper.

The alternative hair industry is a vast and largely unregulated market, allowing companies to make claims about the quality of the hair they use, with no requirement for them to back up these claims. It's crucial to do your research and find out what real people are saying about a company's product. Reading reviews, checking out social media posts, and listening to other people's experiences of washing and wearing a hair topper over a prolonged period are excellent ways to gauge the quality of the hair used to make a topper.

Base Size



A hair topper is designed to provide coverage where you need it the most. When looking for the best hair topper for you, you should make sure the base of the topper is big enough to cover the problem area.

Knowing which base size is right for you all comes down to taking accurate measurements. Daniel Alain consultant Ashley Harfman emphasizes that “accurate measuring is key.”

And remember, accurate measuring brings more advantages than simply covering your hair loss. Being accurately fitted for your human hair topper will also give you comfort, security, and the most natural look.



“Look for a brand that has a fitting system that can help you properly measure and try on bases for maximum comfort and security.”

Ashley

Base Construction

The construction of the base will be an important consideration as you choose your topper. Some human hair toppers feature a lace top that, while lightweight and breathable, does not give the illusion of a natural part. If you're inspecting a lace top piece closely, you will notice that it does not look like a real scalp along the part line, especially on darker pieces.



An alternative to the lace top is a silk top. A silk top piece has a true scalp appearance along the part line and looks exactly like a real head of hair. A silk top is constructed using several layers of material and can be warmer and less breathable, especially in hotter weather. A silk top is thicker than a lace top and will need to sit behind a natural front hairline. If you don't have a lot of hair at the front of your face, a silk top might not be right for you.

Hair Color

The color of your topper has to match your existing bio hair perfectly for it to look the most natural. While toppers are available in a wide range of color options and you're likely to find a close match, there may be times you'll need to customize your topper to match your hair color perfectly.

Human hair toppers can be colored just like real hair. We recommend talking to a professional stylist who is experienced in working with human hair wigs and toppers and asking about adding a root to give depth and dimension, low lights, high lights, or even hand-painted highlights with a balayage. The most important thing is to find an overall look that blends seamlessly with your bio hair and feels most natural to you.



Hair Length

Unlike a wig that covers the entire scalp, a hair topper needs to blend in with the existing hair. The more seamless the blend, the more natural the topper will appear. Many women wear hair toppers and nobody would ever know it was there.

The hair length of the topper you choose will be determined by the length of your existing hair. One of the benefits of human hair toppers is that they can be trimmed and styled just like bio hair. Most women will have the human hair topper cut by a stylist so that it blends perfectly with their hairstyle.

"If the topper hair is too short, you will see the existing hair coming through the piece. If it's too long, it will be thin at the ends. Either way it will be noticeable. The secret is to decide what length and style you want to keep your existing hair, and having the topper trimmed to blend in"

Patricia

Chapter 4

Will a Hair Topper Damage My Existing Hair?

Hair toppers are intended to be a non-invasive hair replacement option that does not cause damage to your existing hair. They are typically secured to the head using clips or adhesives, depending on the wearer's preference. You might be worried that wearing a topper will cause damage to your existing hair, especially if your existing hair is thin and fragile, and that's a valid concern. The truth is, a poorly fitting topper or one that's not attached to your hair correctly can cause damage to your existing hair.

Daniel Alain consultant Ashley explains that if “the weight of the topper is too heavy for the amount of hair it's being clipped on to, if you're brushing the topper too vigorously while it's clipped on, or if your hair is very, very fine, the clips themselves can damage your existing hair.”

Signs to look out for that may indicate my hair topper is causing damage to my existing hair.

If you're new to wearing a topper or have been wearing one for a while, what signs should you look out for that would indicate your existing hair is being damaged?

Ashley explains you should look out for:



Hair caught in the clips when you remove the topper



Scalp irritation where the clips lay against the head



How Can I Ensure My Hair Topper Is Attached Properly To Prevent Damage to My Existing Hair?

Nothing beats professional advice, and we always recommend having a consultation with an expert who is willing to teach you how to properly put on and take off your hair topper. Working with a brand that provides world-class customer support, even after the purchase has been made, has your best interests in mind.



Ashley teaches her clients how to scoop up some of their existing hair before attaching the clips. The clips should not be tight against the scalp and cause tension, instead, there should be a little excess for the hair to move more freely.

“Having a consultation and being taught to avoid creating tension is the biggest way you can protect your existing hair from damage.”

Ashley

Should I Be Taking Any Additional Steps To Care for My Existing Hair While Wearing a Topper?

We know you want to do your best to protect your existing hair and minimize damage while wearing a topper. The biggest piece of advice we can give you is to make sure the clips are always comfortable when they're against your head. You shouldn't feel tension or pulling, and it shouldn't feel like a relief at the end of the day to take the topper off.

Ashley's tips for protecting your existing hair while wearing a topper:

1

Don't wear your hair topper in bed at night as the pressure and movement as you sleep can cause hair loss through traction alopecia.

2

Style a topper on a mannequin before placing it on your head so you're not creating any stress and pulling on your existing hair.

3

If you're outside on a windy day tie your hair back to prevent the clips from pulling on your hair.

4

If you're wearing high ponytails or buns, make sure it's not uncomfortably tight where the clips are.

Chapter 5

Some Things To Consider Before Purchasing a Topper

Now that you've made your decision to invest in a hair topper, you might be anxious to get the ball rolling and tempted to buy the first one you see online without much research. We get it! Finding a solution to your hair loss is exciting and wearing a hair topper is something to look forward to! However, if you don't take a moment to pause and consider your purchase, you risk not ending up with the perfect piece for you.

We see many women who have been unhappy with previous purchases because they rushed to make a decision and didn't thoroughly research their options. With this in mind, let's look at some important questions you should ask yourself before making your purchase.

Is Your Hair Topper Easy To Put On and Take Off?

Buying a topper without having the opportunity to try it on beforehand means you can't be certain it'll be easy to wear, or easy to put on and take off. The best hair topper is the one you reach for daily, not the one you avoid wearing because it's too much hassle getting it attached and in place.

Marlo is a busy professional and a new mom with little free time on her hands. Anyone with a new baby knows that there aren't enough hours in the day and her toppers must be easy to put on and quick to take off.



"A human hair topper is an easy solution to doing my hair. I can just pop it on my head and be ready to go."

Marlo

Whether the topper you choose attaches with clips or adhesives, we recommend trying it out before purchasing and getting a professional's advice on where best to attach it for the most natural look and comfortable fit.

Is Your Hair Topper Comfortable To Wear?

Though it can be tempting to think all toppers are comfortable to wear, that's often not the case. Incorrect sizing can lead to tension if the topper is too small, or excess fabric and bulk if it's too big. For maximum comfort, we recommend getting measured and properly fitted for a hair topper. While you can buy a topper online without being measured, it won't guarantee you'll get the best fit that way.



"I don't feel any scalp pain or tension with the clips. My topper is much less invasive than the human hair extensions I tried in the past. The extensions were painful and damaging to my scalp. I could feel them constantly pulling at my hair."

Marlo

Does Your Hair Topper Look Natural?

When you find the best human hair topper for you, it will blend seamlessly with your existing hair. Your topper will match the color, length, and texture of your own hair, and having it cut into a style will help it look completely natural.

“When I came home from the salon on the first day wearing my topper, my husband said I had grown an inch. Knowing it looked completely natural gave me so much confidence. I knew that no one could tell I was wearing a topper.”

Marlo



Does Your Hair Topper Fit In With Your Lifestyle?

Your topper needs to be able to keep up with your busy lifestyle. If you work out regularly, live in an area prone to strong winds or inclement weather, or if you're running around after small children, you need to be sure your topper will not tangle, mat, or shed. We cover working out in a topper more extensively in Chapter 7, but making sure your hair topper fits in with your lifestyle is an important consideration before purchasing.

If you plan on styling your topper with beachy waves or curls, you need to be able to use heat tools on the topper. If you want to wear braids, ponytails, or messy buns, your topper needs to be versatile and natural-looking.

We suggest checking out what real customers are saying about a company's pieces before buying. Read online reviews or check out what people are saying on social media. Taking some time to explore other people's experiences will give you a better idea of the quality, longevity, and versatility of a hair topper.



Chapter 6

Getting Used to My New Look

As with any new look, it's natural to take some time to adjust to wearing a hair topper, especially if it's your first time wearing one. You may find that it takes some time to get used to seeing yourself with fuller or thicker hair, especially if you've always had very thin, fine hair. Of course, we hope that you fall immediately in love with whichever hair topper you chose, but we also want to reassure you that if the reflection you see in the mirror doesn't align with your self-image at first, it's ok! Take some time to get used to it.

If you feel uncomfortable at first, wear it around the house for a few days before going out in public. You'll familiarize yourself with how it feels on your head and learn to trust that it will stay in place. Some of our customers tell us it was easier to be out in public with their new topper than it was to face close friends and family. The anonymity helps people realize that their topper looks natural and helps them to feel more comfortable.



“When you first get your topper, it might feel like it’s too much hair, especially if you’re not used to having a lot of hair. Just relax and take your time. You’ll get used to it.”

Kelly





Daniel Alain consultant Tracy Romo suffers from hair loss due to radiation therapy to treat skin cancer. She has a large bald spot on the top of her head that couldn't be covered by a topper, and Tracy has been wearing wigs for two years. By drawing on her personal experience, she has helped thousands of people come to terms with the idea of wearing alternative hair.

"When you let your guard down and allow yourself to grow, it changes everything."

Tracy

"When I first started wearing a wig, I felt very self-conscious about it. At first, I would watch people's eyes when they were talking to me to see if they were looking at my hair, and I was nervous they'd notice. But after a while, I just stopped doing that. I got used to wearing it and I gained confidence in how I looked. Friends and family were good at reassuring me and supporting me, but it wasn't until I felt confidence from within, that I stopped worrying about what other people thought about my hair. Once you get that feeling of having conquered something that you thought you'd never be able to achieve, it's life changing."

Marlo admits that her new look took some getting used to. To make her topper feel more like her natural hair, she used hair accessories to style her hair in the fun, quirky ways she enjoyed before she experienced her hair loss. Playing with her topper and finding ways to make it seem more natural helped her get used to wearing it.



“When I started wearing my topper, there was a transition period. I felt less vulnerable around strangers who didn’t know me. But once I got used to my topper, my confidence grew.”

Marlo

Chapter 7

Can I Work Out in My Topper?

If you're an active person, you will want to be sure that wearing a human hair topper won't hold you back from participating in the activities you enjoy. You absolutely can wear a human hair topper to the gym, or for any other activity you enjoy. Investing in yourself by working out regularly improves the body as well as the mind. And if wearing a hair topper also makes you feel more confident, then absolutely wear it while you work out.

One of the main concerns about working out in a human hair topper is whether it will stay in place. Vigorous workouts such as gym classes, jogging, TRX classes, or hot yoga can put our hair (and our bodies!) through the wringer, and anyone wearing a human hair topper needs to feel confident it's not going to fall off.

As a professional figure skater and coach, Emily leads a very busy and active lifestyle and her hair topper has never held her back from participating in the activities she enjoys.



“In addition to figure skating, I take tap, ballet, and jazz dance lessons. I visit the gym every day and participate in pilates, kickboxing, and TRX classes. I wear my hair topper for all of these activities.”

Emily



“I’ve never been worried about my hair topper falling off while taking part in any activity. Whether it’s jumping or spinning on the ice, tap dancing, or an intense workout, I feel very confident that my topper will stay in place.”

Emily

Emily's secret to ensuring her hair topper stays in place is knowing she has the perfect fit. There are lots of ways to buy a topper online or in a store, but for Emily, having a personal consultation, taking accurate measurements, and having the opportunity to try out different sizes was crucial in finding the right piece.

If you've spent a large sum of money on your hair topper, you will want to protect your investment and keep it looking its best. We don't recommend swimming in a human hair topper. While human hair toppers are sturdy, chemicals from a pool, or sea salt and sunlight from the ocean can damage the hair, fade the color, or cause tangling and dryness.

You'll also want to remember that your bio hair is most fragile when wet. Clipping in a topper while you swim can cause breakage and further damage to your existing hair; something that you likely want to avoid.

If you don't feel comfortable going without hair to swim, you might want to consider a swim cap, wide-brim hat, or even a baseball cap to keep the sun off your head.



"I like to hike, jog, and go boating. I was worried at first it wouldn't hold. But I soon had the confidence that it would stay in place."

Kelly

Chapter 8

How To Style My Topper

If you're completely new to wearing hair toppers, it's natural if learning to style it feels a bit overwhelming at first, especially if you're not used to managing a full head of hair. However, learning to style your topper, creating different looks, and experimenting with up-do's, can make it feel like a more natural part of you. By taking some time in front of the mirror to try new things with your topper, you will soon find looks that make you feel confident and comfortable.



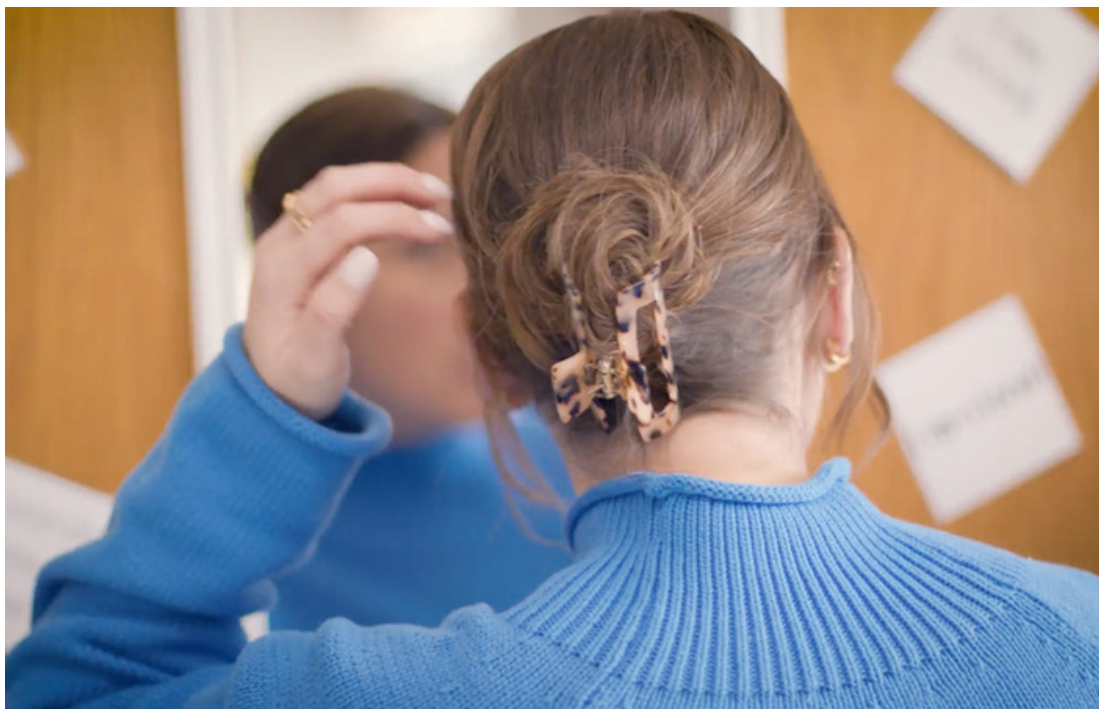
Hair toppers don't require any extra products than regular hair, but there are some basics to remember.

- Keep a brush and comb handy to smooth down bumps or flyaways.
- You can use any kind of hair elastic or scrunchie, but make sure they aren't too tight and cause tension to your scalp.
- Synthetic toppers can't be styled as easily as human hair toppers. Check with the manufacturer for recommendations.
- If you're using a straightening iron or curling wand on a human hair topper, we recommend keeping the temperature setting around 375 degrees.
- When applying heat to your topper, always use a high-quality heat protectant.



“When I go to school, I often wear my
hair in braids or up with a clip.”

Emily





"When I started wearing my topper, I found myself using some accessories to make it look and feel more like me."

Marlo



"My topper feels so wonderful and nobody can tell that this is not my real hair."

Kelly

Chapter 9

How To Maintain My Topper

Your hair topper will require care and maintenance to keep it looking and feeling its best. Though you're sure to figure out your own preferred method for doing things, here are some helpful tips that will get you started on the right footing.

To wash your topper:

Before you wash your human hair topper, it's important to detangle the hair using a detangling comb or brush to gently remove any knots or tangles from the hair. Start at the ends of the hair and work your way up to the top to avoid pulling or breaking the hair.

Step 1

Shampoo the hair: Fill a sink or basin with lukewarm water and add a small amount of salon-grade shampoo. Gently immerse the topper and dip it in and out of the water, running the solution through the hair with your fingers.



Step 2

Shampoo the base: Put a small amount of shampoo on your fingers and with a circular motion, gently remove any makeup build up or sweat from the base.

Step 3

Shampoo the hair for a second time: Refill the basin with lukewarm water and add a small amount of salon-grade shampoo. Dip the topper in and out of the water for a second time, running the solution through the hair with your fingers.



Step 4

Rinse the shampoo: Refill the basin with fresh lukewarm water. Dip the topper in and out of the water a few times to rinse the product from the hair. Make sure to remove all the shampoo, and avoid vigorous scrubbing, which can cause tangling and matting.

Step 5

Condition the hair: Refill the basin with fresh lukewarm water and add a small amount of salon-grade conditioner. Run the mid-lengths and ends of the topper through the water, keeping the topper base out of the water.



Step 6

Rinse the conditioner: Dip the topper in and out of the water five times to rinse the product from the hair. Refill the basin with fresh water and dip the topper in and out five more times. Repeat this process until the water runs clear.

"A human hair topper should last 2 to 4 years with proper care and maintenance. And it should be washed, shampooed, and conditioned every 7-10 days."

Patricia

To dry your topper:

Step 1

Pat the hair dry: Use a soft towel or a microfiber towel to gently pat the topper dry and absorb any excess water. Avoid rubbing the hair topper as it can damage the fibers and cause tangling.



Step 2

Part the hair: Using a comb, part the hair as desired and allow it to dry in place.



Step 3

Air dry the hair: Place the topper on a mannequin head and pin it in place.



Step 4

Once your hair topper is dry, it can be styled using a curling wand or a straightening iron to help it blend with your existing hair.

"The best way to dry a Follea topper by Daniel Alain is to place it on a mannequin head and simply let it air dry overnight."

Patricia

Brushing your topper

Combing and brushing your hair topper is an important part of maintaining it. Human hair toppers can be a little more prone to tangles since they're not getting the lubricating benefits of the scalp's natural oils. And if you're planning on wearing your human hair topper to the gym, or for vigorous exercise, you'll need to take extra care to keep it smooth and silky.

Use a wide-tooth comb or brush with soft bristles to gently detangle the hair, and start from the ends and work your way up to the roots. If you do encounter a knot, don't tug or pull at the hair to avoid causing damage or shedding. Instead, gently use your fingers to separate the hair or use a detangling spray to help loosen the knot.



While human hair toppers are likely to last several years, over time, you may find they need some extra care and attention to keep them looking their best. Having your piece trimmed will remove any dry, damaged ends caused by excessive heat styling. Similarly, your topper may need color touch-ups to help maintain the color and prevent fading. This can help the topper blend seamlessly with your existing hair and keep it looking fresh and vibrant. Just be sure to consult with a professional stylist to ensure you get the best results.

“While at home treatments are an easy way to maintain your topper, it’s important to take your piece to a salon that’s experienced in working with hairpieces and wigs if you want it cut or colored.”

Patricia



Storing your topper

Proper storage is essential to maintain the quality and lifespan of an expensive hair topper. When you're not using it, store your topper on a mannequin head to maintain its shape and prevent tangling. Avoid direct sunlight, heat, and humidity, which can cause damage to the hair. For long-term storage, we recommend placing it inside a velvet pouch or box to protect it from dust and debris.



Chapter 10

Telling People I Wear Hair

Telling other people about wearing a hair topper is a personal decision and you should never feel obligated to share this information with anyone. Some people may feel comfortable sharing this with their closest family members, friends, or significant other, while others may choose to keep it private. It's important to keep in mind that there is no right or wrong decision when it comes to disclosing your use of a hair topper.

If you do decide to tell other people that you wear a hair topper and you feel nervous about it, it can be helpful to plan out the conversation in advance. Choose an appropriate time and setting, and express yourself calmly and confidently. We doubt you'll receive any negative reactions and your loved one will be happy for you that you've found a solution that works for you!

Remember, you are in control of how, when, and with whom you decide to share information about your hair topper.



Daniel Alain consultant Janet Munoz has spent over a decade helping people find the perfect human hair wig or topper and providing expert guidance and support as they navigate wearing hair. She doesn't believe anyone should feel obligated to tell others they're wearing a topper and advises her clients to simply and gracefully accept any compliments they receive about their hair.

"You don't have to explain anything. If people ask about your hair just tell them you recently got your hair done. You don't owe anyone an explanation. If you do choose to share, just let them know it's a topper and move on."

Janet

"When you start wearing a topper and people compliment your hair, you'll gain more confidence. Eventually you'll feel so great about yourself and how you look that you won't think twice about telling them it's a topper."



“I’m happy to share that I wear a topper, with anyone. It often comes up naturally in conversations. Any time someone compliments my hair or tells me it looks nice, I always tell them that I’m wearing a topper!”

Emily



Finding support

Some people feel very alone in their hair loss and don't know anyone else in their daily life who wears a hair topper. If that's you, finding support in online communities can be a hugely valuable resource. Many online forms, social media groups, and websites provide a safe space for people to share their experiences, ask questions, and receive support from other people going through a similar situation.

Social media hashtags to follow:

[#folleaByDanielAlain](#)

[#sHAIRyourjourney](#)

[#hairlosstips](#)

[#Folleafriend](#)

[#FolleaStyle](#)

Join our YouTube Following:

www.youtube.com/@DANIELALAIN

Thank-you!

We hope that reading this guide has given you some tools to make an informed decision about choosing a topper for your hair loss situation. With the right knowledge and research, you will find the perfect topper that blends seamlessly with your existing hair, suits your lifestyle, and fits your budget. We wish you well on your journey.

Contact:

danielalain.com

info@danielalain.com

Daniel Alain Topper Collection Overview

Here at Daniel Alain, our human hair wigs and toppers are crafted using the highest quality materials in the world. As industry leaders, we are known for our artisanal craftsmanship, unparalleled quality, and meticulous attention to detail. We strive to help every single customer find their perfect match.



DA

By offering complimentary consultations in-person, or virtually, with our team of experienced and empathetic consultants, we can assist you in finding your dream hair. If you're ready to take the first steps towards self confidence, [booking a consultation](#) is the perfect way to get started. You're not alone in the journey. We are with you every step of the way.



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